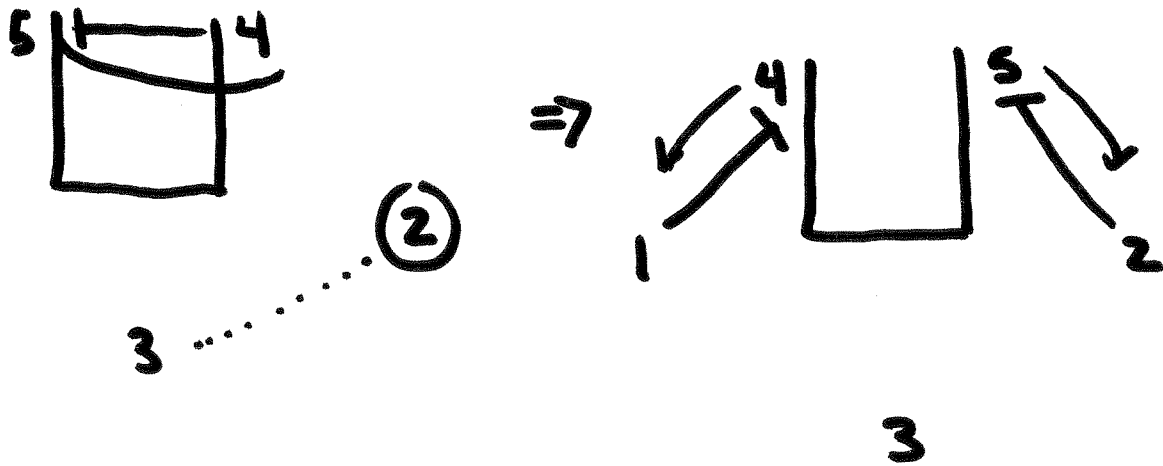
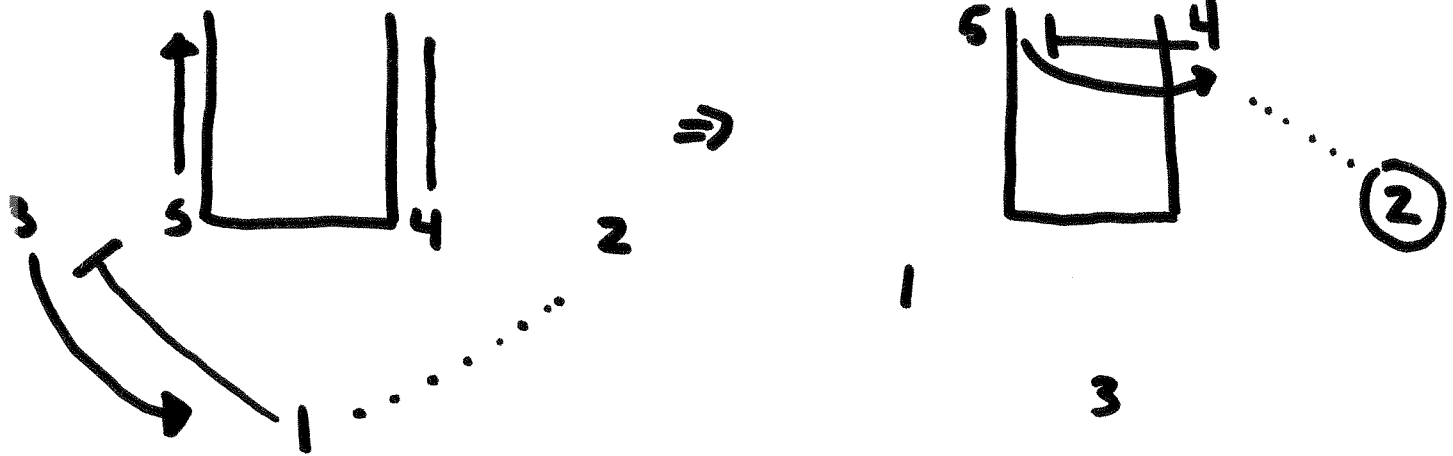


Motion



Off the down screen
you can do

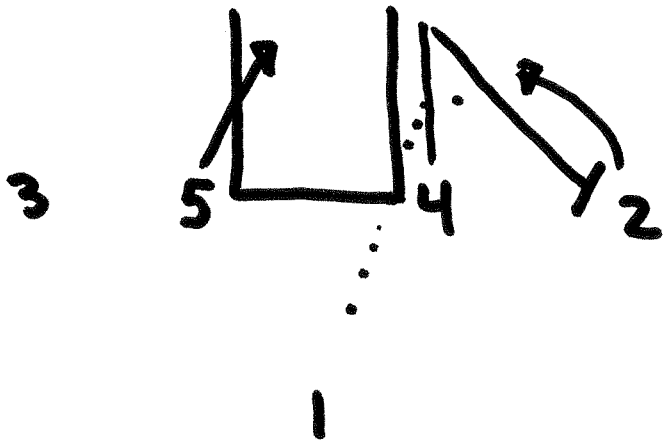
- Pop
- Curl
- Fade

Play 1

21, 31, 41, 51

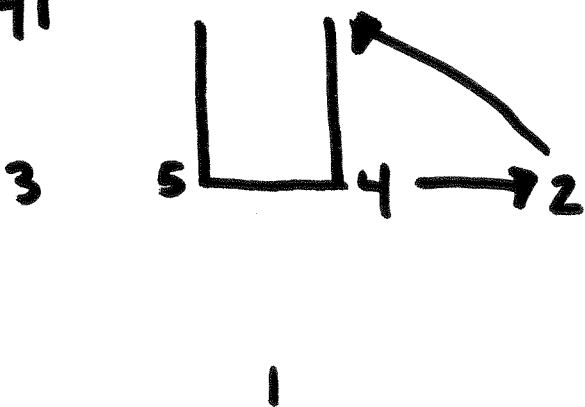
* Back screen / Bounce pass

21

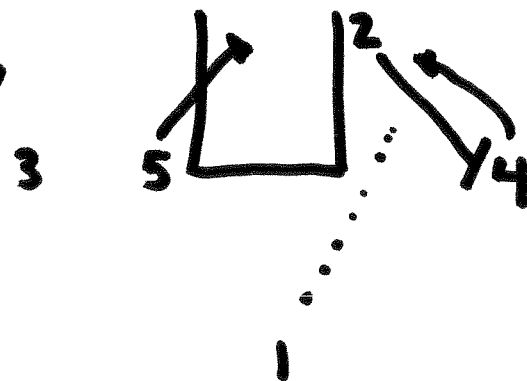


4 will drop to the block, then set a back screen for 2. 2 cuts to the basket + 1 gives a bounce pass.

41



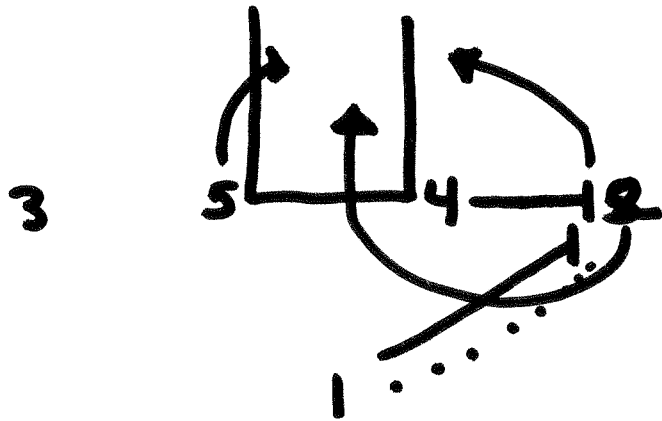
⇒



Play 2 Double Screen

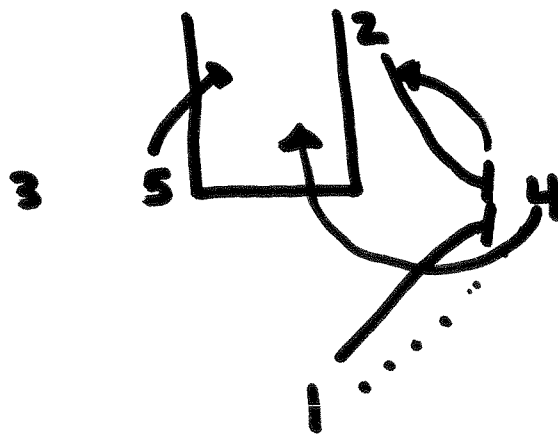
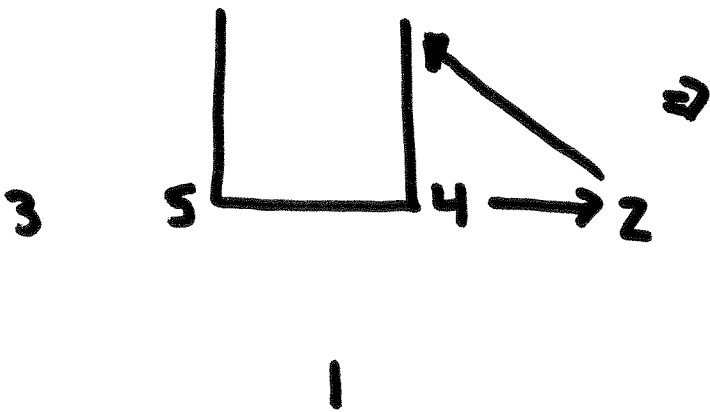
22, 32, 42, 52

22



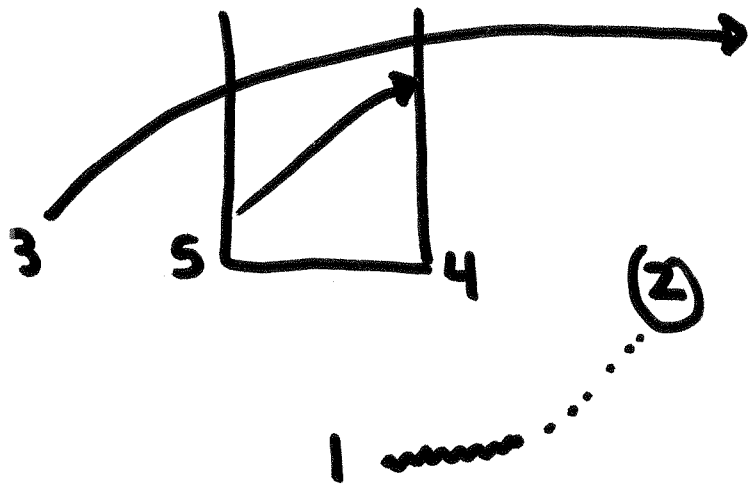
* 2 will drive to basket. After 4 sets the screen she will roll to basket. 5 cuts to basket.

42



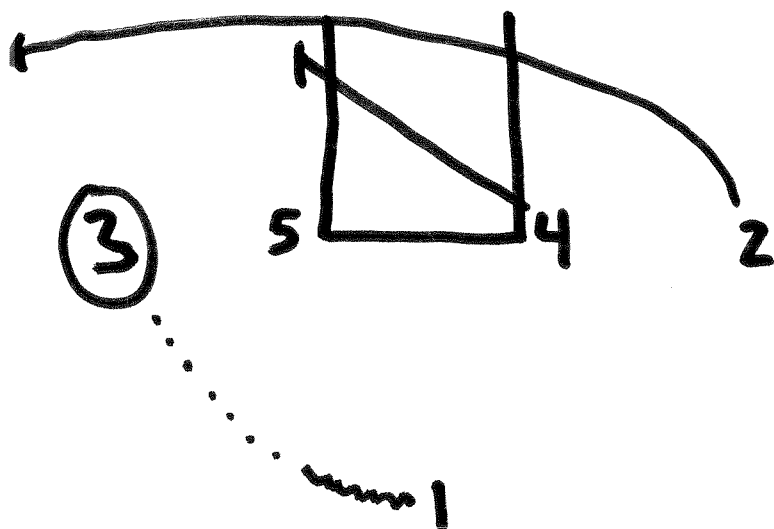
Black - Zone Off

Overload one side looking for High-Low post + Short corner jump shots



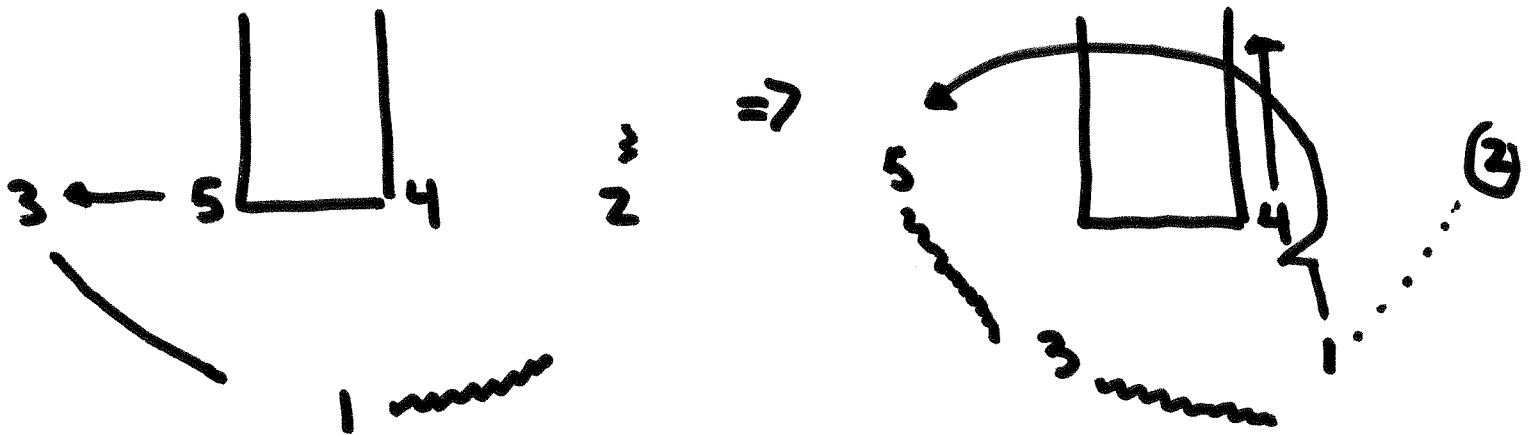
* 3 will run to short corner, after 3 cuts 5 goes to ball side block.

→ 2 is looking for 4 or 5, jump shot or 3 in the corner in that order

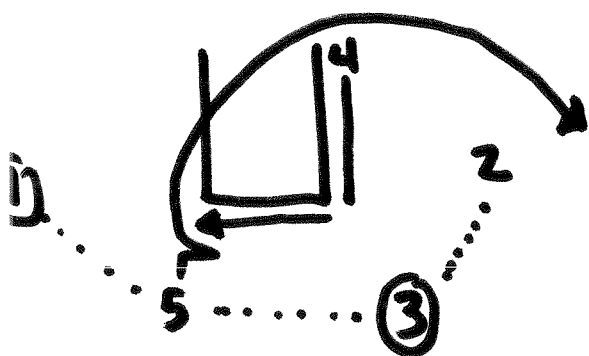


Maroon Zone Off

4-high basket cuts w/ 1 girl running the post.



* 1 passes to 2, uses 4 to pick + does a basket cut. After 4 sets a pick she flashes to the block.



Pass around. Once there is a pass from the top to a wing you will basket cut.