8th Grade GMMS Boy's Basketball Player Contract

Coaches' Philosophy

As coaches of the 8th grade boys basketball team it is our responsibility to help our players develop and reach their potential. We will accomplish this by adopting Carolyn Dweck's idea of the "Growth Mindset". It is all about the process, and if you focus on the process in this case practicing the skills you will find success. As coaches we will coach with this philosophy in mind. We will praise the effort of the athlete rather than their ability, by doing so it shows the athlete that they are constantly growing as basketball player and the harder they work the better they become. If you fall in love with the process (practicing your skills) you will enjoy the result from that process. There will be videos posted on the website that give more information for the Growth mindset.

**Expectations of Players**

Being on this team is a privilege. You are a student athlete and the student part comes first. As a basketball player you not only represent yourself, but your actions reflect on your teammates, coaches and most importantly your family. Because of this there are certain expectations that need to be meet to be a part of this team.

* As set forth from the district you may not have more and a single 1 in learning behavior grades, if at any time you have 2 or more 1's you will be ineligible for a calendar week, or until your grades improve. If this ever happens the player will have to do a conditioning circuit before they return to playing.
* If at any time you receive a yellow slip that results in detention you will have to complete 2 Colgate's before you can return to practice.
* If at any time you receive a referral you will complete 2 Colgate's and sit out 1 quarter of the next game.
* If at any time you receive ISS or OSS you will complete an apology letter to the team and do a full conditioning practice and miss a whole game.

**Player Requirements**

There will be once a week chalk talks during lunch. These meeting will range from 5-15 minutes. Because this year we have managers we will be able to watch film from practice and hopefully game film to see how we can improve. Each level will have their own chalk talk in Mr. Murray's room. Tentative schedule will be A team on Tuesday, B team on Wednesday and C team on Thursday. Chalk talk is considered a practice and missing will have certain consequences.

**Game day Expectations**

On game day you will report to the locker room, if it is a travel day you will change and be out at the bus by 2:50. On home games you will be changed and sitting in the bleachers by 2:50. The team that is playing first will begin to warm up the other two teams will sit in the stand focusing for their game. Once you are in the gym at 2:50 you need to stay in the gym, it is not hang in the halls time or social hour. You are in the gym getting ready to play basketball. During the game you are cheering on your teammates and demonstrating sportsmanship. After your game it is suggested that you stay as long as possible to support your teammates by watching the following games. If you are playing in the final game at home you will help stack chairs and clean up trash before the team meeting.

**Volunteer Opportunities**

At every home game the Student Council will be running a concession stand and will be help. We will have 1-2 players working the stand before games but could use parent support as well. If you are interested in helping during home games please let us know, you can work the shift before or after your child's game. The money earned will go to the end of the year celebration and sports related equipment.

Please read over with your child, sign and return to Coach Varos. This needs to be signed and returned before the jerseys are passed out. We are looking forward to a great season. GO T-WOLVES!!!

Parent Signature                                                                                                                Student Signature

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